

サンフランシスコ剣道道場

SAN FRANCISCO KENDO & IAIDO DOJO

“The concept of Kendo is to discipline the human character through the application of the principles of the katana. The purpose of practicing kendo is to mold the mind and body, to cultivate a vigorous spirit and, through correct and rigid training, to strive for the improvement in the art of kendo; to hold in esteem human courtesy and honor, to associate with others with sincerity, and to forever pursue the cultivation of oneself. Thus will one be able to love his country and society, to contribute to the development of culture, and to promote peace and prosperity among all people.” -As defined by the All Japan Kendo Federation

Practice Schedule

Monday - 6:30 pm to 9:30 pm in the gymnasium of the Buddhist Church of San Francisco.
1881 Pine Street, on the corner of Pine and Octavia Streets. The entrance is located on Octavia Street.

Thursday - 6:30 pm to 9:30 pm at the Japanese Cultural and Community Center of Northern California.
1840 Sutter Street, between Buchanan and Webster Streets.

Requirements

The only requirement for beginners is a shinai and comfortable workout clothes. Jeans and other street clothing are not allowed. The shinai are available for sale at the Monday night practice location only. It's recommended that you purchase a shinai via a kendo supplier, such as those listed below.

Shinai length for a junior high school-aged individual is 37, 38 for high school-aged individuals and adult women and 39 for adult males.

In addition, keiko-gi, hakama, kendo bogu and shinai bags can be ordered through kendo suppliers such as E-bogu, www.e-bogu.com, or Maru-yama Kendo Supply, www.MaruyamaKendoSupply.com or Kendo Style, www.kendostyle.com.

Note: Please speak to an instructor before purchasing kendo bogu, to insure you are at the appropriate level.

Membership Dues (all dues include AUSKF & NCKF fees)

Adult (18 years or older) Annual (one payment) \$400.00 one year or two payments for 6 months \$275.00 each;

Youth (17 years or younger) Annual (one payment) \$275.00 for one year or two payments for 6 months \$175.00 each.

* Note: There is a one time additional dojo registration fee of \$20.00 for first time students.

Additionally: Any students participating in Iaido must register with the Northern California Iaido Association, annual fee is an additional \$25.00, payable to the San Francisco Kendo Dojo.

For more information please contact David Nakanishi sensei at email Kendodude@aol.com, phone (510) 610-7565 or visit our web page at: www.sanfranciscokendo.org